

Supplementary Table 3. Spearman correlation analysis of HbA1c reduction with changes in the indicated clinical variables

Variable	<i>r</i>	<i>P</i> value
Δ Body weight	0.05	0.65
Δ Waist circumference	-0.04	0.68
Δ HOMA-IR	-0.08	0.48
Δ HOMA-β%	-0.03	0.99
Δ Insulinogenic index	0.11	0.32
Δ 8-hr urine glucose/Cr	0.05	0.62
Δ Morning spot urine glucose/Cr	0.12	0.28

HbA1c, glycosylated hemoglobin; HOMA-IR, homeostasis model assessment of insulin resistance; HOMA-β, homeostasis model assessment of β-cell function.