

Supplementary Table 1. Reference values of the CARTs and scoring system used in this study

Test	Measurement	Score		
		0 (normal)	1 (borderline)	2 (abnormal)
HR response to deep breathing	Maximum–minimum HR	≥ 15	11–14	≤ 10
HR response to lying to standing	30:15 ratio	≥ 1.04	1.01–1.03	≤ 1.00
HR response to Valsalva maneuver	Valsalva ratio	≥ 1.21	1.11–1.20	≤ 1.10
BP response to stand-up	Fall in systolic BP	≤ 10	11–29	≥ 30
BP response to sustained handgrip	Rise in diastolic BP	≥ 16	11–15	≤ 10

CART, cardiovascular autonomic reflex test; HR, heart rate; BP, blood pressure.