

Supplementary Table 3. Comparison of the 1-year mean variability in glycosylated hemoglobin before and after the diabetes camp in participants with diabetes duration of < 15 years ($n=32^a$)

Parameter	3–15 Months before the camp	3–15 Months after the camp	P value ^a
Mean and variability of HbA1c ($n=31^b$)			
Mean of HbA1c, %	6.98±1.00	6.78±0.80	0.043
SD of HbA1c, %	0.36±0.37	0.22±0.19	0.008
Adjusted SD of HbA1c, %	0.11±0.09	0.07±0.05	0.006
CV of HbA1c	0.05±0.04	0.03±0.02	0.010
Mean and variability of FPG ($n=28^b$)			
Mean of FPG, mg/dL	126.48±21.51	125.10±22.13	0.792
SD of FPG, mg/dL	14.14±16.96	16.82±20.00	0.866
Adjusted SD of FPG, mg/dL	4.76±4.41	6.94±11.08	0.904
CV of FPG	0.10±0.10	0.14±0.19	0.847
Mean and variability of PPG ($n=24^b$)			
Mean of PPG, mg/dL	198.64±48.88	184.17±54.09	0.103
SD of PPG, mg/dL	32.90±20.10	25.38±13.84	0.209
Adjusted SD of PPG, mg/dL	13.22±11.50	9.84±5.75	0.189
CV of PPG	0.17±0.10	0.14±0.08	0.331

Values are presented as mean ± standard deviation.

HbA1c, glycosylated hemoglobin; SD, standard deviation; CV, coefficient of variation; FPG, fasting plasma glucose; PPG, postprandial 2-hour glucose.

^aComparisons were performed using the Wilcoxon signed-rank test, ^bOf the 32 patients, those who failed to check the outcomes at least two times in the 15 months before and two times in the 15 months after the camp were excluded.