

Supplementary Table 2. Changes in the number of glucose-lowering medications at 6 months after the diabetes camp or conventional education^a

Variable	Diabetes camp (<i>n</i> =55 ^a)	Conventional education (<i>n</i> =89 ^a)	<i>P</i> value ^b
Unchanged	49 (89)	57 (64)	0.001
Intensified	4 (7) ^c	28 (31) ^c	0.001
Reduced	2 (4) ^d	4 (4) ^d	0.001

Values are presented as number (%).

^aTwo patients in the diabetes camp group and four patients in the conventional education group were excluded from the analysis because they did not follow-up at the outpatient clinic for ≥ 6 months after the camp or conventional education, ^bComparison was performed using the chi-square test, ^cLifestyle modification only to monotherapy (*n*=1), dual therapy to triple therapy (*n*=1), and increased insulin doses (*n*=2) in the diabetes camp group; initiation of oral agents (*n*=14), monotherapy to dual therapy (*n*=3), dual therapy to triple therapy (*n*=4), initiation of insulin therapy (*n*=3), and increased insulin doses (*n*=3) in the conventional education group, ^dTriple therapy to dual therapy (*n*=1) and reduced insulin dose (*n*=1) in the diabetes camp group; monotherapy to lifestyle modification (*n*=1), dual therapy to monotherapy (*n*=1), stopping insulin therapy (*n*=1), and reduced insulin dose (*n*=1) in the conventional education group.