

Supplementary Table 1. Comparison of psychosocial outcomes before and after the diabetes camp ($n=54^a$)

| Parameter | Before camp | After camp | <i>P</i> value ^b |
|--------------------------|-------------|------------|-----------------------------|
| WHO-5 index ^c | 16.47±3.84 | 20.06±3.39 | <0.001 |
| ≤12 | 7 (13) | 1 (2) | 0.031 |
| >12 | 47 (87) | 53 (98) | |
| CES-D score ^d | 11.30±9.90 | 8.13±6.74 | 0.004 |
| <16 | 41 (76) | 44 (81) | 0.158 |
| 16≤ and <25 | 6 (11) | 9 (17) | |
| ≥25 | 7 (13) | 1 (2) | |

Values are presented as mean ± standard deviation or number (%).

WHO-5 index, World Health Organization 5-item Well-Being Index; CES-D, Center for Epidemiologic Studies Depression.

^aThree patients who did not complete the questionnaires after the camp were excluded, ^bComparisons were performed using the Wilcoxon signed-rank test for continuous variables and McNemar's test for categorical variables, ^cThe cut-off value in the WHO-5 score suggesting depression is ≤12, ^dCES-D score >16 is associated with significant depressive symptoms and >25 is associated with major depression.