

Supplementary Table 2. Incidence rates of T2DM by the change of obesity status before and after 50

BMI group	No. of subjects	No. of events (T2DM)	Duration, person-yr	Incidence rate of T2DM, /1,000 person-yr
Maintaining normal	75,264	3,351	364,407.9	9.20
Becoming obese	7,970	546	36,857.9	14.81
Becoming normal	6,552	474	32,873.6	14.42
Maintaining obese	28,652	2,968	138,820.9	21.38

T2DM, type 2 diabetes mellitus; BMI, body mass index.