Supplementary Fig. 20. Effects of carbohydrate-restricted diets on lipid profiles in adults with diabetes. (A) Moderately-low or low carbohydrate diets (mLCD) on triglyceride (TG). (B) mLCD on high-density lipoprotein cholesterol (HDL-C). (C) mLCD on low-density lipoprotein cholesterol (LDL-C). (D) Very-low carbohydrate diets (VLCD) on TG. (E) VLCD on HDL-C. (F) VLCD on LDL-C. WMD, weighted mean difference; CI, confidence interval.

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Low carbohydrate diets and intermittent fasting

Supplementary Fig. 20. Continued. (Continued to the next page)