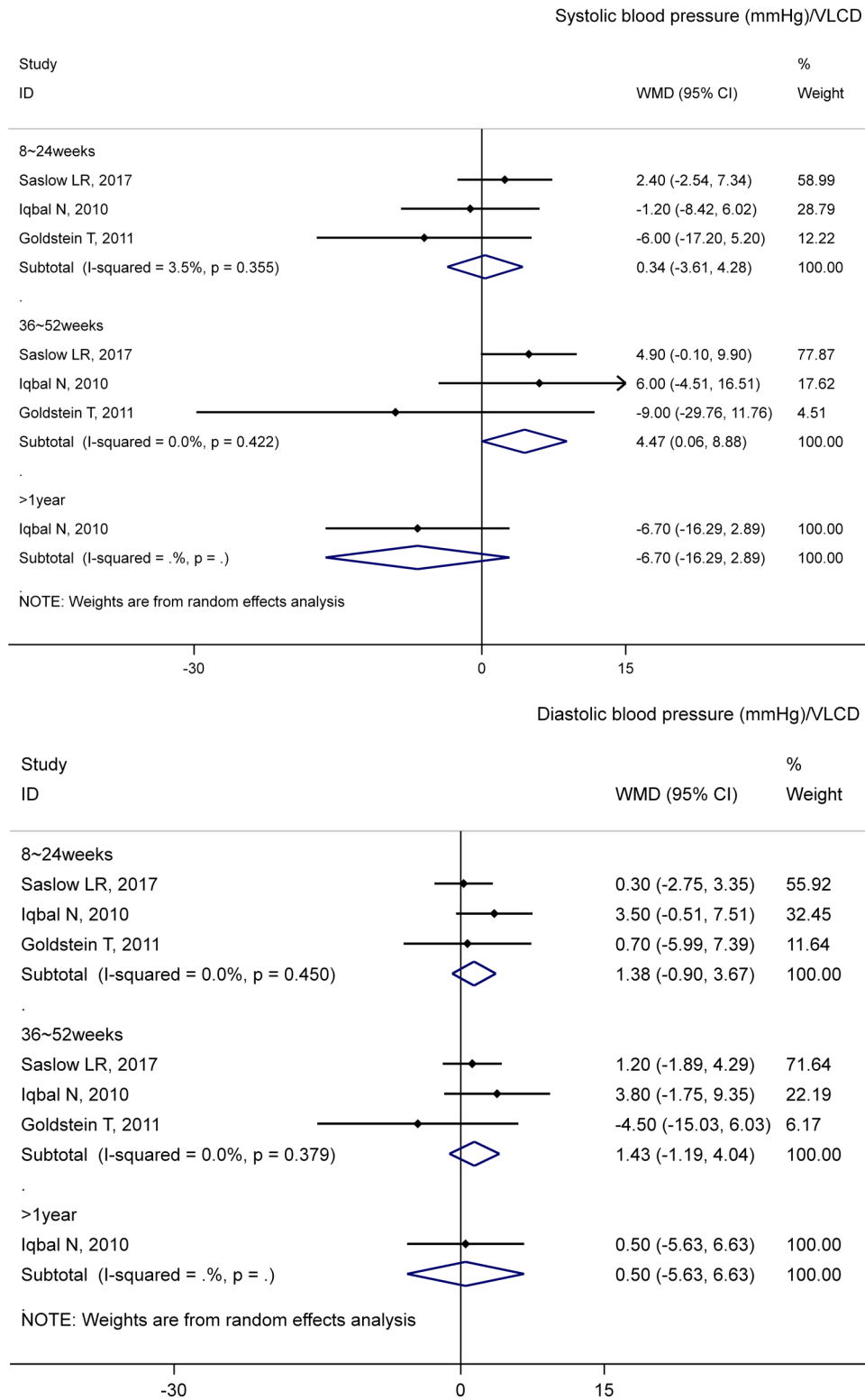


**A**

**Supplementary Fig. 19.** Effect of carbohydrate-restricted diets on blood pressure in adults with diabetes. (A) Moderately-low or low carbohydrate diets (mLCD). (B) Very-low carbohydrate diets (VLCD). WMD, weighted mean difference; CI, confidence interval. (Continued to the next page)



B

Supplementary Fig. 19. Continued.