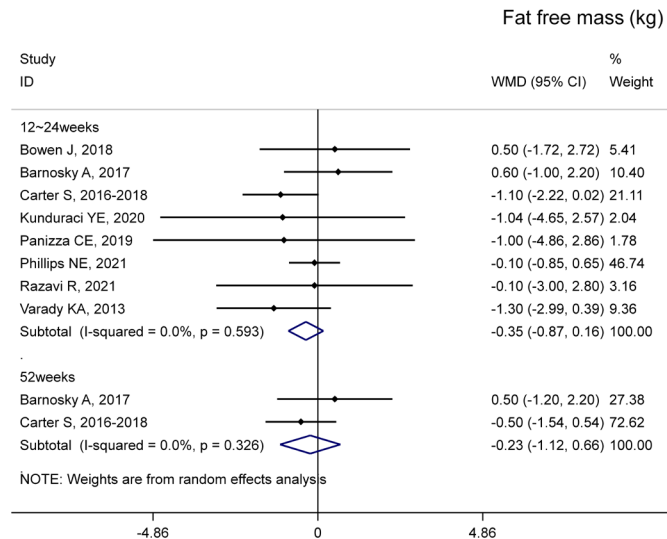
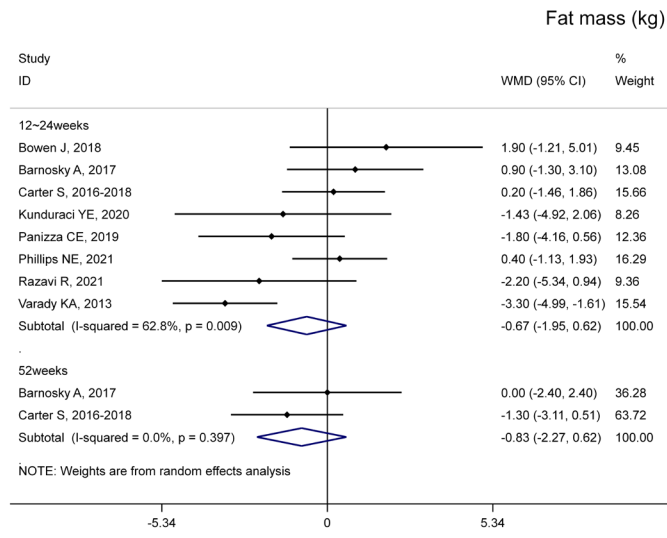


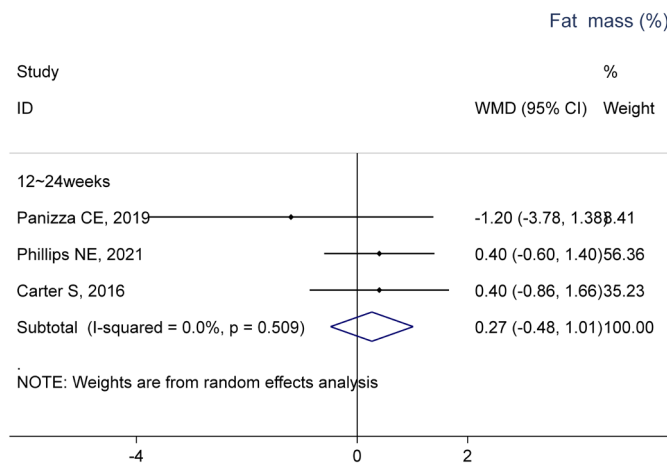
Supplementary Fig. 14. Effects of intermittent fasting on (A) body weight (BW), (B) body mass index (BMI), (C) waist circumference (WC), (D) fat free mass, (E) fat mass, and (F) fat mass percentage in adults with overweight/obesity. WMD, weighted mean difference; CI, confidence interval. *(Continued to the next page)*



D



E



F

Supplementary Fig. 14. Continued.