Supplementary Fig. 10. Effects of carbohydrate-restricted diets on serum adiponectin and C-reactive protein (CRP) levels in adults with overweight/obesity. (A) Moderately-low or low carbohydrate diet (mLCD) on adiponectin. (B) Very-low carbohydrate diet (VLCD) on adiponectin. (C) mLCD on C-reactive protein (CRP). (D) VLCD on CRP. (Continued to the next page)
Low carbohydrate diets and intermittent fasting

Supplementary Fig. 10. Continued.

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