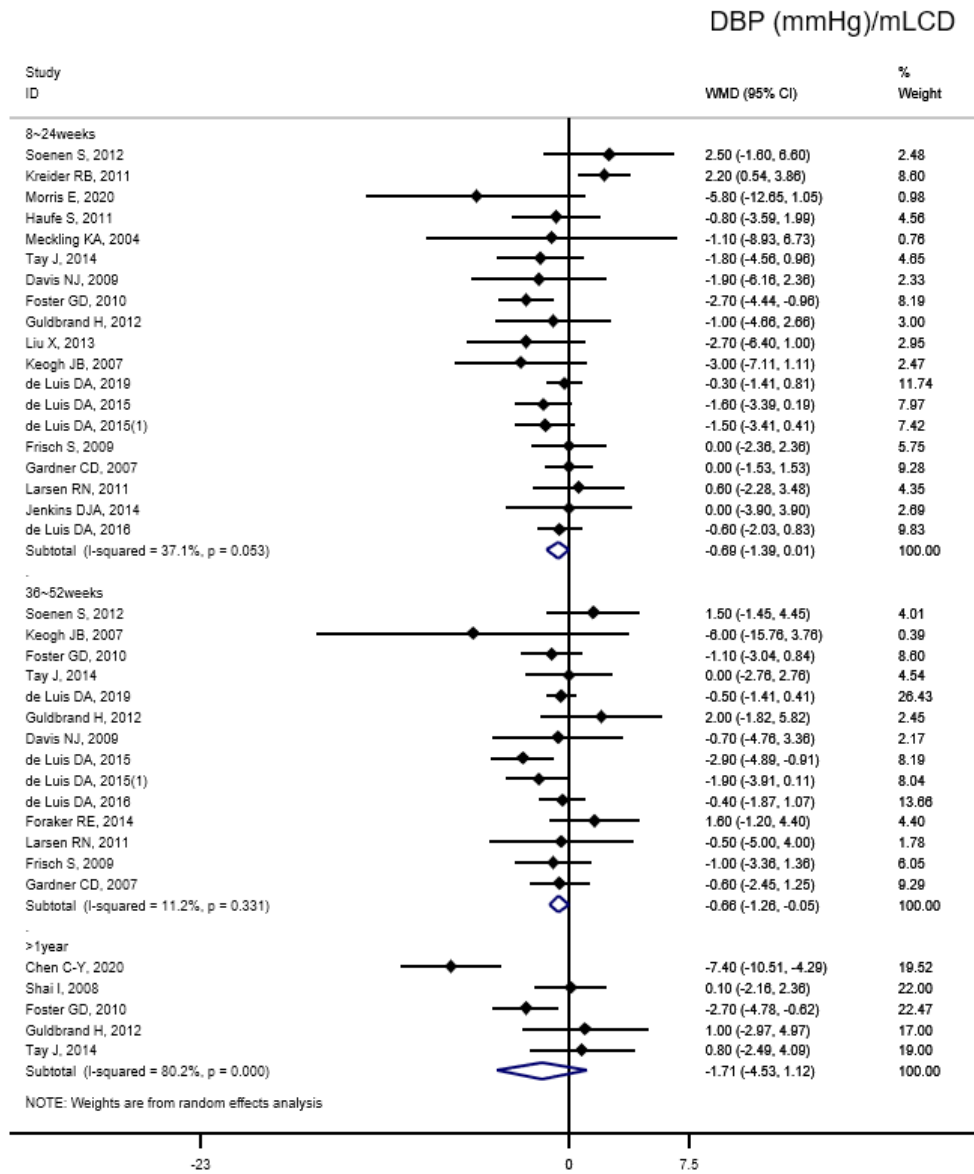


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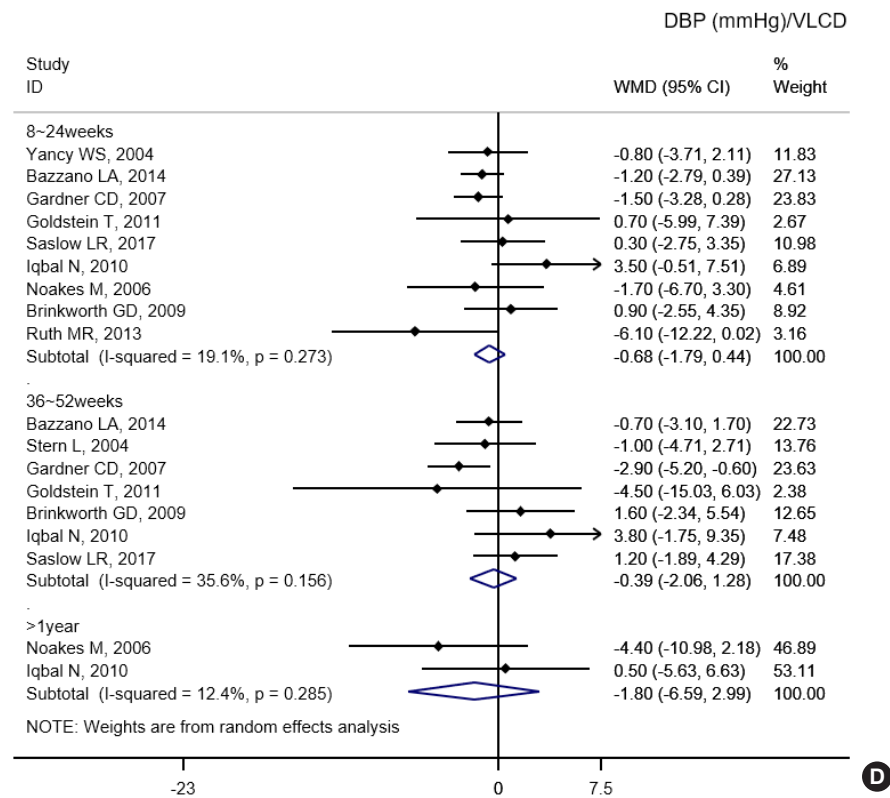
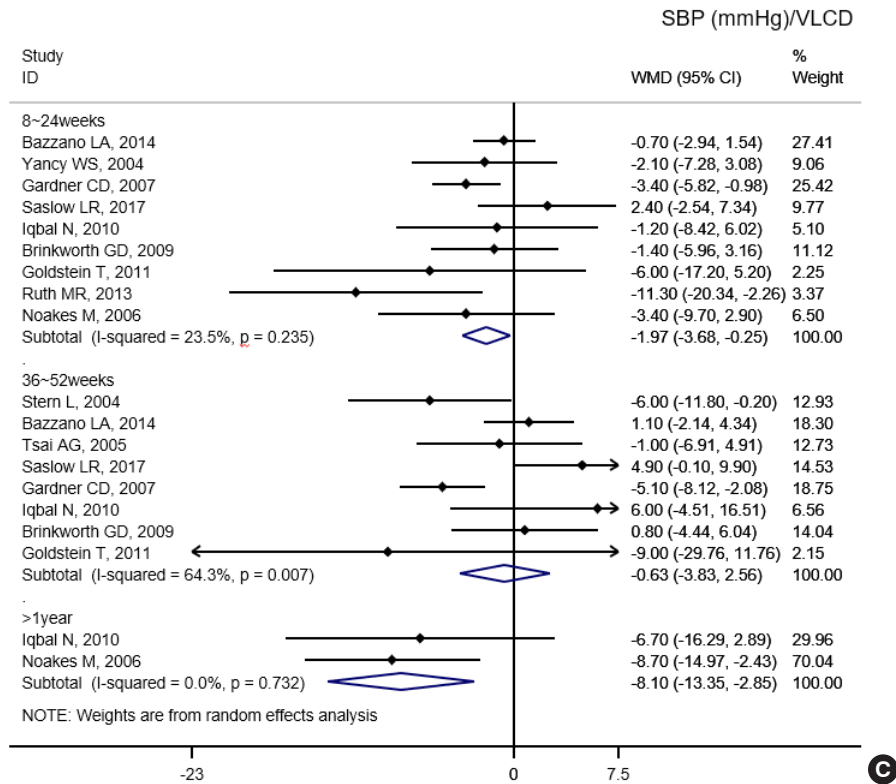
**Supplementary Fig. 8.** Effects of carbohydrate-restricted diets on blood pressure in adults with overweight/obesity. (A) Moderately-low or low carbohydrate diet (mLCD) on systolic blood pressure (SBP). (B) mLCD on diastolic blood pressure (DBP). (C) Very-low carbohydrate diet (VLCD) on SBP. (D) VLCD on DBP. WMD, weighted mean difference; CI, confidence interval.

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Supplementary Fig. 8. Continued.

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Supplementary Fig. 8. Continued.