

**Supplementary Table 1.** Estimated proportion of health behaviors in adults with diabetes

| Variable | Current smoking, % | High-risk drinking, % | Regular walking exercise, % |
|----------|--------------------|-----------------------|-----------------------------|
| ≥30 yr   |                    |                       |                             |
| Total    | 21.1               | 23.1                  | 35.7                        |
| Men      | 34.9               | 30.7                  | 36.4                        |
| Women    | 3.7                | 6.8                   | 34.9                        |
| ≥65 yr   |                    |                       |                             |
| Total    | 9.8                | 9                     | 32.5                        |
| Men      | 20                 | 13.4                  | 38.2                        |
| Women    | 1.8                | 2.2                   | 28.2                        |