

Supplementary Table 7. Observation rate of diabetes mellitus incident according to the time-varying RHR and Δ RHR

Variable	Male			Female		
	≥ 5 drop (n=4,552)	<5 change (n=11,884)	≥ 5 increase (n=4,755)	≥ 5 drop (n=5,282)	<5 change (n=14,175)	≥ 5 increase (n=5,055)
Time-varying RHR, bpm						
<60	6 (1.88)/320	87 (2.59)/3,355	51 (2.23)/2,290	5 (1.98)/253	64 (2.19)/2,926	62 (2.96)/2,093
60–69	57 (2.43)/2,342	221 (2.97)/7,444	82 (3.72)/2,207	51 (1.90)/2,691	269 (2.71)/9,942	122 (4.50)/2,710
70–79	36 (2.54)/1,418	38 (3.93)/966	11 (4.80)/229	64 (3.54)/1,807	30 (2.54)/1,182	7 (3.07)/228
≥ 80	24 (5.08)/472	7 (5.88)/119	4 (13.79)/29	33 (6.21)/531	11 (8.80)/125	3 (12.50)/24

Values are presented as number of diabetes mellitus incident (%) / number of observations.

RHR, resting heart rate; Δ RHR, change in resting heart rate.